

# **MIKE Program Annual Report 2021-2022**

# **MIKE Programming Highlights 2021-2022**



MIKE returned for its 12th year to serve all 9th graders in their health classes at De La Salle North Catholic High School in

Portland. This year MIKE partnered with Warner Pacific University Department of Nursing to engage nursing students as mentors.



MIKE launched its pilot program at David Douglas High School for youth living in an underserved area of East Portland. MIKE brought in community professionals in-person and through video conferencing to discuss a variety of careers in healthcare based on student interests.

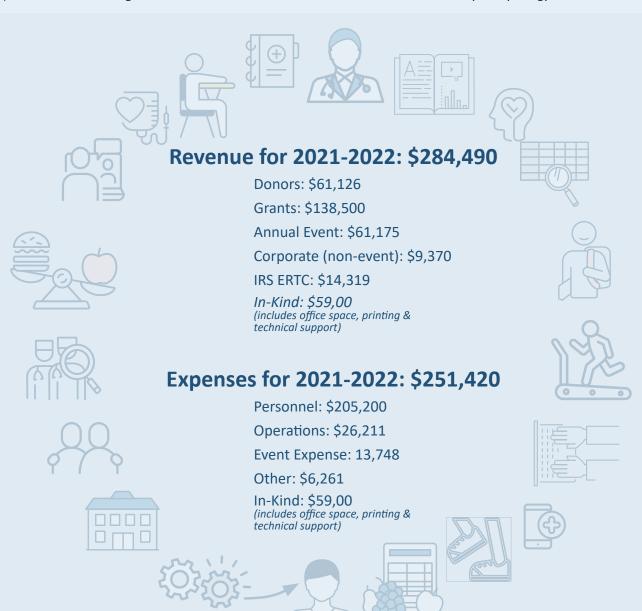


MIKE expanded programming at Merlo Station Community School in Beaverton to address more needs within the student

population. MIKE hosted programming for two cohorts focused on Wellness, Exploring Nutrition, and Health & Social Justice for one term and offered Mental Health and ATODs (Alcohol, Tobacco and Other Drugs) for two cohorts during a second term.



MIKE continued to partner with Western University of Health Sciences, COMP-NW, engaging with first and second-year medical students to serve as mentors for 11th and 12th grade students at Sweet Home High School. MIKE embedded its programming with the school's Anatomy & Physiology class.



# Thank you Donors!

#### MIKE Program operates on a fiscal year, from August 1 – July 31.

We are honored by all the donors who make our work possible. Your commitment to supporting mentored health education is creating a healthier and more equitable future. MIKE is thankful for your contributions.

# Thank you to our in-kind donors who help keep MIKE operating

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- Kaiser Permanente
- Legacy Health
- Mercer Advisors, Inc.
- Moda Health
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- OnPoint Community Credit Union
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#### **2021-2022 Grants** (Foundations & Corporate Support)

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- The Collins Foundation
- DaVita Kidney Care
- Fred Meyer
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- Juan Young Trust
- Legacy Health Community Health Benefit Grant

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# MIKE'S Executive Director Message

What a great year for MIKE! We returned to in-person programming at many of our sites after so many months of being limited to virtual interactions. We began each program period by surveying all our students and mentors to better understand their ideas, challenges, and interests. We listened, then developed and implemented an expanded health curriculum based on those findings.

We saw fundraising successes that allowed us to expand programming to impact more vulnerable youth than ever before. All of us here at MIKE have immense gratitude for our supporters who made our work possible during this fiscal year. Thank you for your support of MIKE's mission!