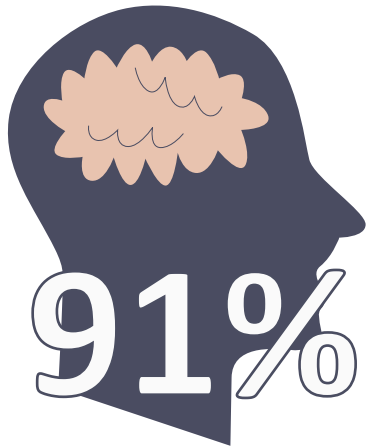
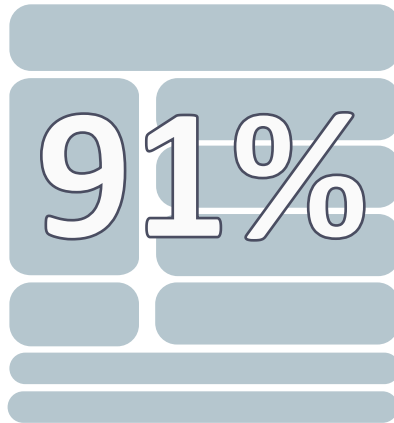


MIKE Program Annual Report for Fiscal Year 2016-2017



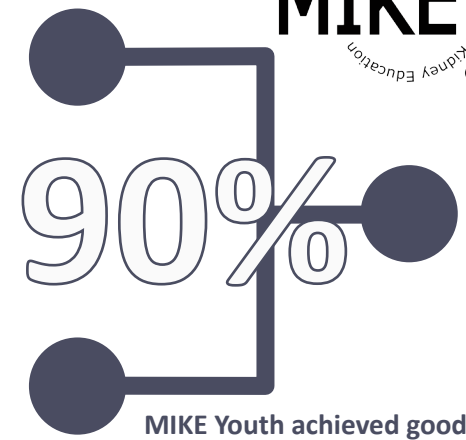
MIKE Youth increased their health knowledge.



MIKE Youth correctly analyzed nutrition options in food labels.

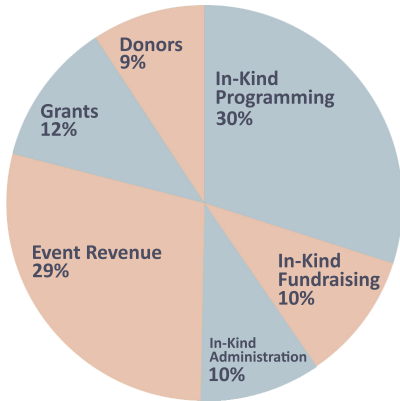


MIKE Youth met goals for eating more fruits and vegetables and drinking more water.



MIKE Youth achieved good relationships with their team members.

MIKE Program empowers youth to be health leaders through education, mentorship and community outreach.



MIKE Program Revenue for FY 2016-2017

| | |
|-------------------------|----------|
| In-Kind Programming: | \$97,000 |
| In-Kind Fundraising: | \$34,000 |
| In-Kind Administration: | \$32,000 |
| Event Revenue: | \$93,000 |
| Grants: | \$38,000 |
| Donors: | \$30,000 |

MIKE Program Revenue: \$324,000

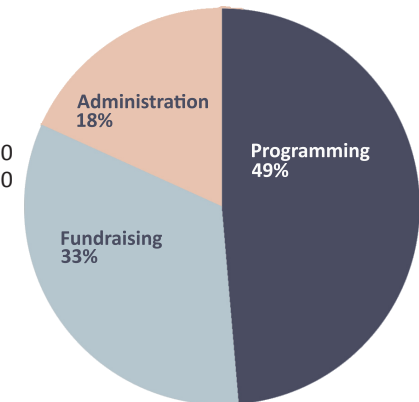
In keeping with general accounting practices, MIKE Program expenses all in-kind donations to reflect all income and costs. In-kind donations include office, training & meeting space from Providence St. Vincent Medical Center; printing from PrintSync, Inc.; technical support from One Up Solutions Northwest; financial guidance from Geffen Mesher & Company; academic support from Pacific University, School of Professional Psychology; event support from Rose City Sound, the Malloy Trio and Adidas; and personnel costs for the position of Executive Director.

MIKE Program Expenses for FY 2016-2017

(Includes all in-kind expenses):

| | |
|-----------------|-----------|
| Programming: | \$160,000 |
| Fundraising: | \$109,000 |
| Administration: | \$60,000 |

MIKE Program Expenses: \$329,000



MIKE Program Board of Directors for FY 2016-2017

Lori Fedje, RD
President
Legacy Health

Tyrell Comeaux, MS, RDN, LDN
Vice-President
Legacy Mt. Hood Medical Center

Emily Bradford, CPA, CFE
Secretary/Treasurer
Geffen Mesher & Company, PC

Elizabeth Dinh
KPTV - Fox 12 Oregon

Rebecca Porter, RN, MSN, CDN
U.S. Renal Care

Jason Scott, RN
U.S. Renal Care

Miles Seeley, MD
Women's Healthcare Assoc., Retired

Celia Trusty, RD, LD
Pentec Health

Robert Winthrop, MPA
Kaiser Permanente Northwest
Portland State University

MIKE Program Advisory Board for FY 2016-2017

Joseph Badolato, DO, CPE
Regence BCBS of Oregon

Susan Bagby, MD
OHSU, Department of Medicine
OHSU, Moore Institute for Nutrition and Wellness

William Bennett, MD
Legacy Good Samaritan Hospital Solid Organ Transplant

Kim Filla, MSW, LCSW
Rosemary Anderson High School
Exhale Counseling

Bernie Foster, President
The Skanner News Group

Jan Kelly, ANP
Northwest Renal Clinic

Katherine Krogsgaard
Emineskin Schools of the Miyo Wahohtowin

Education Authority
Alberta, Canada

Harmon Laurin
SIGMA Investment Management

Whitney Neal
Prudential Financial, New York, NY

Joe Nunn
J.J. Nunn and Associates

Michael Reyes-Andrillon, MPA
Northwest Health Foundation

Micah Thorp, DO, MPH, FACP, FASN
Kaiser Permanente

Thomas C. Wood, MD
Nephrology, Retired,
Anchorage, AK

MIKE Program Volunteers

MIKE volunteers include mentors, content experts, committee members, office and program interns, event volunteers, members of MIKE's Board of Directors and Advisory Board and MIKE's Founder and Executive Director, Cheryl Neal, MD.



MIKE Program Mentors:

MIKE volunteer mentors devoted their time with youth at De La Salle North Catholic High School in Portland and Miller Education Center in Hillsboro.

Emma Felzien
Jasmine Galimov
Cesaly Gomez
Shelby Graves
Stephanie Hale
Alisha Harrington
Katie Hernandez
Julia Liu
Shane Lorimer
Melita Lynch
Andrea Moalii
Alyssa Murphy
Samvel Nazaretyan
Melanie Nead
Jessica Palacios
Alisa Pallister
Megan Poole
Nadia Pynkina
Michaela Quinlan
Sasha Ruddy
Rosa Speranza
Stephanie
Tierrablanca
Erin Urbanowicz
Miya Walker
Joe Wang, MS
Chris Woodard

Number of
Mentors:

26

Number
of Mentor
Hours:

1,320

Number of
Youth:

115

Number
of Youth
Leadership
Projects:

30

Number
Reached in
Community:

729+

MIKE Program Donors and Sponsors

MIKE Program is proud to acknowledge each donor and sponsor who contributed during Fiscal Year 2016-2017. All donors listed reflect contributions received from August 1, 2016 through July 31, 2017. Any omissions or errors are entirely inadvertent and sincerely regretted.

Nikolas Ackerman
Adidas
Annie Bloom's Books
Micheal & Margaret Anton
Artist Repertory Theatre
Audubon Society of Portland
The Autzen Foundation
Dr. Joseph Badolato & Nancy
Badolato
Drs. Susan & Grover Bagby
Bryce Baker
Bank of the Cascades
Dr. John Barry
Robert & Carolyn Beall
Beaverton Bakery
Beaverton Civic Theatre
Beaverton Farmer's Market
Mitch Behrens
Joseph & Ann Fertitta
Jerry & Tangie Belmore
Dr. William Bennett &
Sandra Bennett
Bethany's Table
Bob's Red Mill
Alex & Nacia Bonilla
Jamie Bosworth
Emily Bradford & Sam Ford
Kathryn Bradley
Pat Brady
Broadway Rose Theatre
Company
Gerry Caldwell
Camp Dakota
CareOregon
David & Marcia Chapman
Michelle Chavez
Cheesecake Factory
Vivian Childs
Ashley Churchill
Circuit Boulderling Gym
Mandy Clinch
Coaster Theatre
Cog Wild
Columbia River Maritime
Museum
Colwood Golf Center
Tyrell & Ashley Comeaux
Costco
James & Carol Cure
Jennifer Dai
DaVita Kidney Care
Deerwood Ranch

Deschutes Brewery
Morgan & Pat Dickerson
Elizabeth Dinh &
Kevin Nguyen
Disneyland® Resort
Corporate Citizenship
Dobbes Family Estate
Domaine Serene Winery
Dr. Richard Drake &
Margaret Drake
The Ducks Store
Embassy Suites Portland
James Endler
Evergreen Aviation &
Space Museum
Lorreen Fedje
Susan Fernald
Joseph & Ann Fertitta
Kim Filla
The Susan Foster & David
Bosworth Fund of The
Oregon Community
Foundation
Kathe Fradkin
Fresenius Kidney Care
Linda Frison
G-Six Airpark
Garden Fever
Geffen Mesher & Company
Genentech
Glendoveer Golf & Tennis
Glowing Greens Blacklight
Miniature Golf
Tobey Goldfarb
Dr. Cathy Gorschels
Beth Graser
Emily Greenough
H & B Jewelry & Loan
Naskeh Habibi
Bryan Hagen
Hair Then Hair Now
Frederick & Irene Hartnett
Patricia Hartnett
Robert and Susan Hendren
JoAnne Hermens
Higgins Restaurant
High Desert Museum
Hillsboro Air Show
Hilton Portland and Executive
Tower
Hip Cooks Portland

Laura Hobson
Brandon & Macy Holmes
Dr. Curtis Holzgang &
Darrelyn Holzgang
Hopworks Urban Brewery
Jonalyn Horsfall
Dr. Donald Houghton &
Lynnette Houghton
Annabell Huevoz
Pierre Hulan
Ideba
Cinda Ing
Inn @Northrup
The Jenkins Family Trust
Dr. Randall Jenkins &
Mary Jenkins
Bruce & Pamela Johnson
Juan Young Trust
Kaiser Foundation Hospitals
John & Nancy Keith
Christina Kelly
Jan Kelly
Micki Kelly
KPTV Fox 12 Oregon
Lakewood Theatre
Lan Su Chinese Theatre
Land Rover Portland
Dale Lasselle
Harmon & Janette Laurin
Legacy Health
Lompop Brewing
Nancy & Jim Lynette
Deanna Martinson
Maryhill Winery
Masson Foundation
Dennis & Linda McCann
Neal & Deborah McLaughlin
McMenamin's
Dr. Robin Michaels
David & Thea Mickola
Jean Miller
Mimosa Studios
Sam Nazaretyan
Dr. Cheryl Neal
David Neal
Melissa Neal
Whitney Neal
Tracy Neidetcher
Nike
Northwest Children's Theatre
Northwest Renal Clinic

Joe & Jan Nunn
NW Film Center
John O'Connor
Maggie O'Connor
Molly O'Connor
OHSU Pediatric Nephrology
Oilerie
Oregon Shakespeare Festival
Oregon Symphony
Oregon Zoo
Shukri Osman
Ossies Surf Shop
Overleaf Lodge & Spa
PacificSource Foundation
Paloma Clothing
Mario & Alma Pastega Family
Foundation
Jessie Pavlinac
Pendleton Round-Up
Pentec Health
Pet Barn
Popina Swimwear Boutique
¿Por Qué No? Tacqueria
Portland Children's Fund
Portland Culinary Workshop
Portland Nursery
Portland Spirit Cruises
Portland Timbers
Marthel Porter
Rebecca & Eldon Porter
Providence Health & Services
Pumpkin Ridge Golf Club
Peter & Kelly Quinlan
Norinda Ray
RBC Wealth Management
Red Ridge/Durant Vineyards
Regence BCBS of Oregon
Gary Renville
Michael Reyes & April Ortiz
Lisa & Steve Rhuman
Risdall Ranch Winery
Rose City Sound
Jennifer Sears Glass Art Studio
Susan Sanderson
Dr. Earl Schuman
Brenda Scott
Jason Scott
Dr. Miles Seeley &
Patsy Seeley
Phil Seeley
Jane Schuster

SIGMA Investment
Management
Jim & Sandy Sitzman
Sky High Sports
Skyline Morning Walking
Group
Sniff Dog Hotel
Lori & David Sobelson
Dr. Leon Speroff & Sen Speroff
Storms Family Foundation
Dr. Francis Storrs
Casey Stowell
Drs. Julie Tank &
James Prihoda
The Scanner News Foundation
Third Rail Repertory Theatre
Dr. Micah Thorp &
Melissa Thorp
Tidal Raves Seafood Grill
Timberline Lodge
Toro Brave/Tasty N Sons
Celia Trusty & Austin Turley
Yasuyo Tsunemine
Tualatin Hills Parks &
Recreation District
Bill Turner
Urban Farmer
Vector Volcano Arcade
VillaSport
Wanderlust Tours
Mei Shan & Henry Wang
White Bird
Widmer Brothers Brewing
Wildhorse Resort & Casino
Michael & Wendy Willett
Williams Sonoma
Robert Winthrop &
Anna Robaton-Winthrop
Dr. Thomas Wood
Yamhill Valley Vineyards

MIKE Program's Goals:

- Empower youth to embrace and promote healthy behaviors
- Introduce youth to health career options
- Develop cultural and service delivery skills in early-career health professionals
- Advance health equity within communities at risk of poor health outcomes