

MIKE Program Annual Report

2022-2023



MIKE served more than 200 students during the 2022-2023 academic year.

MIKE Program brings near-age mentors and/or healthcare professionals as guest speakers into the classrooms of high school students.

Outcomes

De La Salle North Catholic High School

Nursing students from Warner Pacific University, a pharmacy student and a law enforcement student from Pacific University, served as mentors for the students. MIKE also hosted eight healthcare professionals as guest speakers for an additional cohort of 12th graders and eight healthcare professionals to serve as judges during the freshmen health advocacy project this year.



Some outcomes from DLSNC

- 466%** improvement in students correctly identifying all nutrients on food nutrition fact labels
- 40%** increase in understanding fiber
- 59%** increase in physical fitness activities upon completing MIKE
- 20%** increase of understanding antibiotics

Interest in healthcare careers

- 6%** absolutely interested
- 7%** very interested
- 9%** generally interested
- 16%** somewhat interested
- 15%** not interested

David Douglas High School

MIKE brought in 18 healthcare professionals as guest speakers to present a wide variety of training and career options, and share their personal journeys to achieving success.



Interest in healthcare careers

- 56%** absolutely interested
- 19%** very interested
- 13%** generally interested
- 6%** somewhat interested
- 6%** not interested



Sweet Home High School

14 medical students from Western University of Health Sciences, COMP-NW served as mentors for Sweet Home High School students. They hosted a variety of labs on their campus to introduce students to medical procedures and career options.



- 67%** students reported that MIKE helped improve their confidence in school
- 43%** said MIKE mentors helped them understand course content better
- 50%** reported that MIKE made them more interested in careers in healthcare, with **23%** more considering such careers

Interest in healthcare careers

- 20%** absolutely interested
- 9%** very interested
- 20%** generally interested
- 26%** somewhat interested
- 23%** not interested



Financials

MIKE Program Fiscal Year 2022-2023

Expenditures

Personnel – \$211,508
Operations – \$26,120
Annual Event – \$14,308
Other – \$1,408
Total – \$253,344

In-Kind – \$37,450

What an exceptional year it was for MIKE! As the new school year commenced, we focused on bolstering our Healthcare Career Exploration initiatives, aiming to provide opportunities to local youth, and foster increased diversity and representation in the healthcare field. Simultaneously, we expanded the reach of our Mentored Health Education programs in communities experiencing the greatest effects of health disparities.

Thanks to the dedication and generosity of our supporters, we witnessed successes in our fundraising efforts. These achievements enabled us to extend our programming and reach a larger number of vulnerable youth than ever before. We are incredibly grateful to all those who have contributed to MIKE's mission during this fiscal year. Your support has played a vital role in making our innovative programs possible. Thank you for being an integral part of MIKE's journey and helping us make a meaningful difference.

Revenue

Grants – \$88,500
Individual Donors – \$35,147
Corporate Giving – \$5,794
Annual Event – \$47,372
Program/Earned – \$6,500
Other – \$795
Total – \$184,108

In-Kind – \$37,450

Thank You!

Giving 2022-2023

Thank you to our in-kind donors who help support MIKE's day-to-day operations

- Bigleaf Accounting, LLC
- One Up Solutions Northwest
- PrintSync, Inc.
- Providence Health & Services

MIKE Program operates on a fiscal year, from August 1 – July 31.

General Fundraising & Other Support

- Allied Global Marketing
- Amazon Smiles
- Costco-Frontstream
- Susan Foster & David Bosworth Fund of The Oregon Community Foundation
- Kroger-Fred Meyer Rewards
- Meta Facebook Fundraiser
- New Seasons Bag-It-Forward
- OHSU Nutrition in a Box
- Willamette Week Give!Guide and 123 individual donors!

Foundations & Grants

- Autzen Family Foundation
- CareOregon
- Ford Family Foundation
- Juliet Ashby Hillman Foundation
- Juan Young Trust
- Kaiser Permanente
- Marie Lamfrom Charitable Foundation
- Legacy Health Community Health Benefit Grant
- Oregon Jewish Community Foundation
- Mario & Alma Pastega Family Foundation
- The Roundhouse Foundation
- The Spirit Mountain Community Fund
- The Tillamook County Creamery Association

MIKE is honored by all the donors who make our work possible. Your commitment to mentored health education is creating a healthier and more equitable future. MIKE greatly appreciates your contributions.

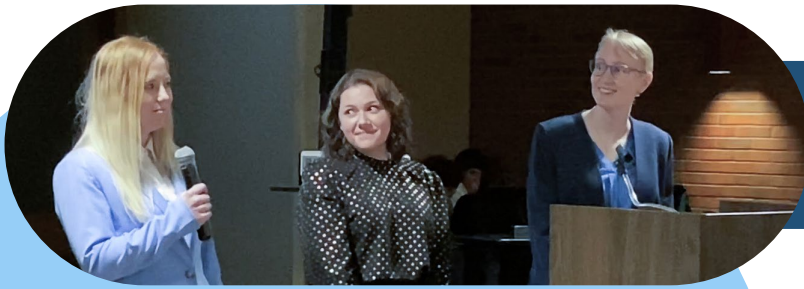
Spring Planting 2023

2022-2023 Event Sponsors

- CareOregon
- Deerwood Ranch
- First Republic Bank
- Kaiser Permanente
- Legacy Health
- Mercer Advisors, Inc.
- Northwest Renal Clinic
- OnPoint Community Credit Union
- PacificSource Health Plans
- Warner Pacific University
- and Oregonian Media Group



Musical entertainment was provided by the Lincoln High School Jazz Combo.



MIKE's annual fundraising event in March brought together colleagues, community leaders, friends and supporters for an evening of inspiration and giving. MIKE thanks each sponsor (listed to the right) for helping make this event a success.

Pictured above are Western University of Health Sciences, COMP-NW, (WUHS) medical students who served as MIKE lead mentors, Sydney Jennings, Natalija Miller and Madeleine Duncan.

Pictured in the circles are MIKE Board of Directors President Tyrell Comeaux of Legacy Good Samaritan Medical Center, center circle is Keynote Speaker Di Lacey of WUHS, and MIKE Executive Director Justin Zellinger with the event emcee Amy Lewin of the Oregonian Media Group.



MIKE Program Governance FY2022- 2023

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Tax ID No. 45-0520604

Di Lacey, RT, M RDMS
Western University of Health Sciences

Cheryl Neal, MD
MIKE Program, retired

Joe Nunn
J.J. Nunn and Associates

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Fresenius Kidney Care

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