





MIKE Program Diversity

MIKE promotes diversity through cultural and crosscultural mentorship of youth.

MIKE mentors serve as guides and role models to empower youth to embrace and promote healthy behaviors. MIKE mentors volunteered a total of 1,428 hours with youth at De La Salle North Catholic High School in Portland and Hillsboro Big Picture in Hillsboro.

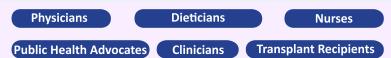


S 24% Asian	Asian 3%
18% Black/African American/African	Black/African American/African 29%
29% Hispanic/Latinx	Hispanic/Latinx 28%
24% White/Caucasian/European	White/Caucasian/European 20%
5% Mixed	Mixed Ethnicities 20%
Data is for FY 2018-2019	



MIKE Program Inclusion MIKE expands inclusion by connecting youth to near-aged mentors and health professionals.

MIKE engages youth with hands-on activities including a blood pressure clinic and field trips to a dialysis center and grocery store.



MIKE Program Equity

MIKE advances health equity by advancing youth leadership education and community outreach.

MIKE brings guest speakers into the classroom, who share their knowledge in nutrition, health and healthcare with the youth.

dir	95	MIKE Youth
lth dersf ects	24	Community Presentations
Hea Lead Proj	603	Community Members Reached



MIKE Program | 9155 SW Barnes Rd., Ste. 219, Portland, OR 97225 | 503-296-7705 | info@mikeprogram.org | www.mikeprogram.org

MIKE Program Mentors — 2018-2019

Rosemary Clark Abrianna Coons Samantha Duran Gabriela Figueroa Eugene Fulton Lisa Hancock Siva Ho Sang Jimmy Mai Kathya Mendez-Sanchez Austin Mettler Caesar Morales-Suares Kim Nguyen Sierra Paolo Maya Roe-Bauer Sakina Sheikh

Christina Spires Joe Wang Mikayla Whitley Mani Woodward

MIKE Program Volunteers — 2018-2019

Elowyn Allanketner **Emily Anderson** Joe Badolato, DO, CPE, CHCQM Susan Bagby, MD Kimberly Baling Tiffany Blair Emily Bradford, CPA, CFE, PI Michelle Callahan Madison Cato **Rosie Clark** Savannah Clendenin Tyrell Comeaux, MS, RDN, LDN Abrianna Coons Laura Daily Katrina Dejeu Samantha Duran Ashley Emerson **Caitlin Everett** Lori Fedje Gabriela Figueroa

Kim Filla, MSW, LCSW Angela Fingal Bernie Foster **Eugene Fulton** Scout Galash Anna Garcia Kalia Gentlesnow Rachel Greim Stiles Gunn Bryan Hagen Lisa Hancock Nan Hedrick Lisa Helderop Kathrine Helms Alysia Hill Siva Ho Amaar Igbal Martina John Whitney Jonske Lars Jordan Steve Kelley, CSWA, MDIV Jan Kelly, ANP Claudia Kreft Dianna Lacey, RT, M RDMS Harmon Laurin Sequoia Lockhart Sang Jimmy Mai Summer McCracken Kathya Mendez-Sanchez **Tigest Mequanint** Austin Mettler Paul Michael, PhD **Caesar Morales-Suares** Nick Myers Cheryl Neal, MD Brandon Nelson Kim Nguyen Joe Nunn Andie Ollila Sierra Paola Chelsea Peterson Meghan Pollard

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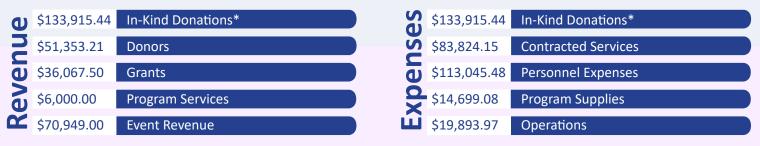
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MIKE Program Financials — 2018-2019



*In keeping with general accounting practices, MIKE Program expenses all in-kind donations to reflect all income and costs. In-kind donations include office, training and meeting space from Providence St. Vincent Medical Center; printing from PrintSync, Inc.; technical support from One Up Solutions Northwest; financial services from Geffen Mesher & Company; and personnel costs for the position of MIKE's Executive Director.

MIKE Program Donors, Grants and Sponsors — 2018-2019

MIKE Program is proud to acknowledge each donor, grantor and sponsor who contributed during Fiscal Year 2017-2018. All donors listed reflect contributions received from August 1, 2018 through July 31, 2019. Any omissions or errors are entirely inadvertent and sincerely regretted.

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MIKE Program's Mission: Empower youth to be health leaders through education, mentorship and community outreach. MIKE Program's Vision: All people meeting their potential of vibrant good health, contributing as members of a vibrant, strong society. MIKE Program's Values: Respect, Inclusion, Empowerment and Integrity