

MIKE Program Annual Report 2020-2021



The 2020-2021 Fiscal Year stands as a year that reshaped our organization in many ways. MIKE navigated the pandemic's impact on education and health, strengthening our resolve to truly make a difference in the lives of the students we serve. And you helped make it possible!

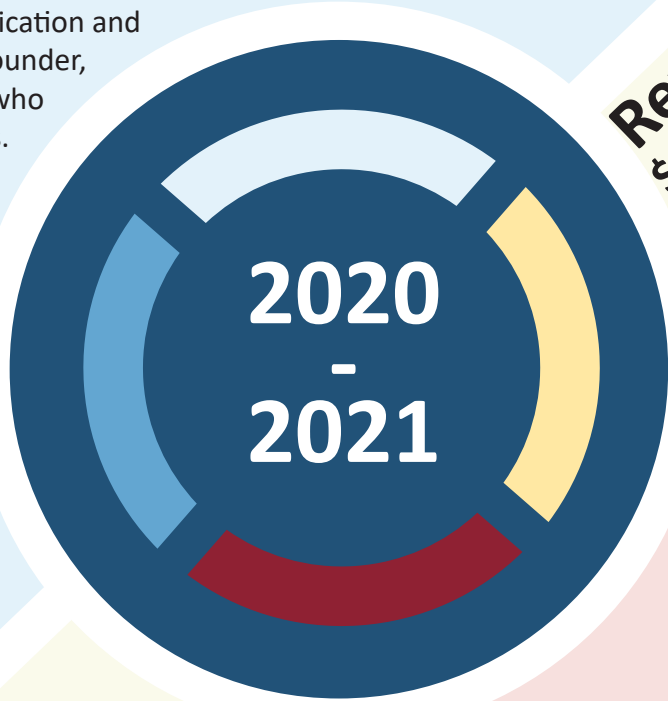
We launched new programming that responded to the needs of students and mentors. Based on the guidance from the Oregon Department of Education and the schools we serve, MIKE shifted to virtual comprehensive distance learning projects, customized for each school. We asked what was needed, then delivered programming which provided students with meaningful content. MIKE reinforced how students perceive health and provided the tools for them to shape their outcomes.

During this fiscal year, we also transitioned our organization's leadership from a volunteer position to a paid executive director.

We salute the dedication and resilience of our founder, Cheryl Neal, MD, who began this process.

Her work, and that of all our governance and programming volunteers, have built MIKE into an organization that we can all be proud of—and one that guides local youth toward a healthy future.

MIKE'S mission is to educate and mentor underserved students to lead healthy lives personally, in their school community, and beyond.



Revenue
\$190,135

Non In-Kind:

Donors: \$32,871
Grants: \$85,000
Annual Event: \$44,318*
Other: \$5,687
SBA –PPP Loan: \$22,259**

In-Kind: \$62,476

* Annual Event revenue includes funds specifically brought in during 2020-2021 FY. Total net for the Spring Planting 2021 event was \$54,500.
** SBA-PPP Loan has been fully forgiven.

Expenses

\$180,811

Personnel: \$148,637
Operations: \$24,018
Event Expense: \$4,529
Other: \$3,627

In-Kind: \$62,476

* Program expenses (other) were lower this year due to the transition to distance learning programming.

A Summary of Programming Highlights:

MIKE Program in Portland De La Salle North Catholic High School

MIKE provided mentored health education to the entire 9th grade, embedding impactful lessons on COVID-19, mental health, social justice, nutrition and physical education and more—all through a spectrum of health equity.

MIKE Program in Beaverton Merlo Station Community School

MIKE launched two focused health education projects to provide high school seniors with a variety of healthcare career options and young parents with immediate and hands-on nutrition and other skills.

MIKE Program in Sweet Home Sweet Home High School

MIKE launched an innovative health club concept that brought together 10 medical students from Western University of Health Sciences to engage with high school students in a variety of topics.

Thank you to the many donors who supported our mission.

MIKE Program operates on a fiscal year, from August 1 – July 31.

We are honored by all the donors who make our work possible. Your commitment to supporting mentored health education is creating a healthier and more equitable future. MIKE is thankful for your contributions.

Thank you to our in-kind donors who help keep MIKE operating:

- PrintSync, Inc.
- Providence Health & Services
- One Up Solutions Northwest
- David S. Chapman Accounting
- The AV Department

Sponsors

- Regence BlueCross BlueShield of Oregon
- Northwest Renal Clinic
- Mercer Advisors, Inc.
- Fresenius Kidney Care
- Kaiser Permanente
- West Linn Aesthetics
- Legacy Health
- CareOregon
- Providence Health and Services
- The Skanner News
- PacificSource Health Plans
- OnPoint Community Credit Union
- PrintSync, Inc.

- The Autzen Foundation
- Juan Young Trust
- Legacy Health: Community Health Benefit Grant
- Marie Lamfrom Charitable Foundation
- PacificSource Foundation for Health Improvement
- Mario & Alma Pastega Family Foundation

Grants

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New Seasons Market

MIKE Welcomed its First Paid Executive Director in 2020

Justin Zellinger joined MIKE in September 2020, forging a new chapter after the leadership of Founder Cheryl Neal, MD.